

Update December 2021

Supporting Communities – A plan to tackle deprivation and inequalities across Rushmoor

The plan identifies new activities developed and led by organisations in the Supporting Communities Partners Group. These are activities agreed to be needed by the group, additional to all the excellent work acknowledged as being carried out by authorities, organisations and community groups across the borough. Behind all the activities are separate plans with outcomes and success measures. Priority activities for each theme are highlighted in green.

Project	Activity	Location	Funding	Timescales	Lead Organisation / Partners
Young People - Resilience and Aspiration					
North Hampshire Youth Hub	Working with and providing for young people to improve their employability skills	Borough wide	Majority of funding from DWP £10K sought from Deprivation fund for IT and website	Feb 2021	Partnership between Rushmoor BC (RBC), Basingstoke & Deane DC and Hart DC
<p>NP (RBC) – Youth Hub launching in Jan 2022. There are new projects emerging in this theme including creation of a safe site from Hills /Aldershot Regeneration for school visits. Aspirations project with Gulfstream and Alderwood School</p> <p>2022 Engagement event for Young People – based on Climate change.</p> <p>CA – Citizens Advice Kickstart trainee experience has identified potential for future placements of this type to improve employability.</p>					
Kickstart Scheme	Fixed-term job placements for 16-24 year olds, offered by Rushmoor Borough Council, Citizens Advice, and other employers in the Borough	Borough wide	Government funded	Nov 2020	

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RBC / Citizens Advice and other local businesses NP (RBC) – 164 placements not filled. Work needs to be done to find young people. Looking to launch campaign target sports and pubs. Internally offered to Market Assistant pulled out. 3 more placements about to be advertised. CA – Citizens Advice has employed 3 Kickstart trainees – potential to employ 2 more. Sept: One Kickstart trainee has moved on, and another has just been appointed. Still vacancies for two more.					
Kickstart Employability Courses	Training Providers: Community First (19-24) and Brockenhurst (16-24)	Borough wide	Funded	Late Jan - early Feb 2021	RBC
NP (RBC) – NCS deliver pre support courses CA – Citizens Advice has employed 3 Kickstart trainees, and keen to link with local initiatives / support wherever possible. Working to develop links with community and communications / engagement.					
Open Doors Scheme	Virtual aspirational project showcasing careers and opportunities at RBC to school pupils	Borough wide	TBC	March 2021	RBC / Rushmoor schools, Business, EM3
NP (RBC) – RBC Human Resources Dept leading on the project.					
(Rushmoor & Hart) Supporting Families Programme	Coordination of joined-up support by children and family professionals for newly identified vulnerable families	Borough wide with prominence in more deprived areas	Government funded	Nov 2020	Hampshire County Council (HCC) Family Support Service / RBC
TM (RBC) – This work is continuing for 2021-22					
Youth Council	Setting up a Rushmoor Youth Council to engage young people with local issues and decisions, including the development of a virtual platform for wider consultation	Borough wide	n/a	Feb 2021	RBC / Youth Forum
TM (RBC) – This work will sit alongside wider youth engagement project. Meetings held with local member of Hants Youth Parliament					

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Aspirations workshop for 11-14 year olds	Workshops exploring ideas and encouraging confidence to fully engage within school by focusing on the young person's future plans –	Borough wide	Funded	Currently on hold due to Covid-19	HCC Children's Services (Rushmoor & Hart Family Support Service)
BK (HCC) – Due to COVID this offer of provision was stopped and due to the previous lack of uptake we tend to now only offer this one to one, however we can begin to promote this for the new years timetable to determine the level of need.					
Targeted projects for young people	Free courses for Cooking with Confidence, Learn My Way, Numeracy & Literacy and Anger Management - all accessible to over 16 year olds	Borough wide	Funded	2021	Vine Centre
<p>LH (Vine) – New project funded by the Community Lottery (3 years) aimed at younger people.</p> <p>The Vine Centre will have an in-house Cafe where clients can access help to complete Barista Training and a level 2 food hygiene certificate. This will link into our 'Cooking with Confidence' catering course.</p> <p>We will also be holding IT and media workshops.</p> <p>In addition, the project offers a social space for arts projects, dance, singing and yoga.</p> <p>The project will be launched at the beginning of August and will run every Tuesday between 10am and 3pm.</p>					
Mental and Physical Health					
Walking groups	Local walking group for residents to increase physical activity and social interaction	Aldershot Park	TBC	Jan 2021	Community Leaders supported by RBC / RVS
KO (RBC) – Wellness walk (weekly) organised for Tices Meadow for more inactive Aldershot Park residents					
Gardening club	Local gardening club	Aldershot Park	Ward member grant	Jan 2021	Aldershot FC Veterans
CCG Innovation Funding –	Small, innovative projects within local communities that	Aldershot Park, Tower	Funding to be applied for	April-May 2021	Wider Supporting Communities group

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Developing projects for Jan 2021	could have a big impact on local health and well-being, capturing community energy and enthusiasm for real health benefits	Hill, Cherrywood, Wellington	once projects identified		
CA – Citizens Advice has some funding for translating materials / improving access for people facing language barriers in accessing NHS 111 / 101 services etc.					
Repair Café – Veterans Focus	Local repair café in Aldershot run by volunteers and veterans	Aldershot town centre	£15K funding from Covenant Trust	Feb 2021	RBC / Aldershot FC, Mike Jackson House, Stoll House
KO (RBC) – looking for a lead to run with this project. £15K secured from the Armed Forces Covenant Trust Fund - prep work done, need main lead and small working group, and then recruiting for volunteers with different skills, to repair items. Working with veterans groups locally.					
RVS Green Social Prescribing	Community gardening for people with mental health issues and from BAME communities, supported by Health and Wellbeing Support Workers	Borough wide	£9K funding secured from Energise Me	2021	Rushmoor Voluntary Services (RVS) with support from RBC / Primary Care Network (PCN) Social Prescribers
DB (RBC) – attached the summary version of the Community Gardening Co-ordinator application. We are planning to apply to HCC for this funding along with some capacity to support more green social prescribing via RBC mindfulness walks and via an extension to our current H&WB project aimed at encouraging people back out into the community gardens.					
BAME Leadership Programme	Supporting BAME community groups in developing leadership skills and capacity	Borough wide	£28K fund secured through HIWCF		RVS as part of county-wide CVS led project
DB (RVS) – forwarded report from the BAME training which was delivered by Southampton Voluntary Services. SVS has been successful in securing some additional funds to run the BAME training again, by which time, hopefully more groups will be ready to engage in forward planning etc.					

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ORCA Befriending Support	Telephone befriending service to support isolated and lonely individuals across the borough	Borough wide	Funded	Nov 2020	RVS / Local volunteers
DB (RVS) – Funding agreed to employ a Befriending Co-ordinator which will enable us to develop a more robust service which will incorporate buddy support in the future. We have recruited 25 volunteer befrienders to date, 16 of whom are actively providing support. We have received 48 referrals into the service, 30 of whom are actively receiving support.					
Mental Health Support	Supporting Rushmoor's case for a Mental Health Support Teams (MHST) in Schools project based in the borough	Borough wide	Funding to be acquired	March 2022	HCC Child & Adolescent Mental Health Service (CAMHS) / RBC, Rushmoor schools
TM (RBC) – We are getting two MHSTs in Rushmoor, which should give a really good level of additional coverage and support for children and young people in schools across the borough.					
Hampshire Youth Access	Counselling, advice and support for children and young people across Hampshire	Borough wide	Funded		HCC
BK (HCC) – We continue to refer young people to this partnership due to high demand for MH provision.					
Mental Health Support	Specialist Mental Health workers supporting clients not currently engaged with Community Mental Health Recovery Services (CMHRS). Art Therapy is offered weekly	Borough wide with focus on targeted wards	Funded		The Vine Centre
<p>LH (Vine) – Mental Health Support available daily from 9am to 2pm. Anger Management Support - available Monday to Thursday from 9.30am to 3.30pm. HS (RBC) – Met with Chris Lewis from Anxiety Amongst Friends in Hampshire & Surrey (Facebook support page with over 1500 members, over 70% of which are in Farnborough) to hear more about his experience and remit. I've also met with Mike Grange from TalkMental2020 and we will be supporting his group in becoming established. Both men have developed their mental health pages following their own experiences and both are Rushmoor residents. Closer working relationship between RBC and TalkPlus, so that we can better support men's mental health in the borough. ND (CCG) – Has numerous resources, toolkits and signposts available to parents and young people.</p>					

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Couch to 2k	Couch to 2k projects with primary schools' children to reduce obesity levels and encourage physical activity	Tower Hill	TBC	2021/2	RBC / Rushmoor schools
Parkrun and Junior parkrun	Continue to provide access to and promote local weekly parkruns and increase and broaden participation	Borough wide	N/A	As required	RBC
RBC – Junior parkrun has restarted on Sunday mornings, parkrun on Saturday mornings, with very good participator numbers. Heritage Trails launched Nov 2021					
Economic Hardship					
Emergency Food / Free School Meals Provision	Emergency food provision, information and access to benefits support for families eligible for free school meals, alongside established Foodbank operators	Borough wide	£10K funded through Government grants and HCC	Nov/Dec 2020	RVS / RBC, HCC
CA – meeting with RVS and Food Partnership to develop referrals system. Also awaiting outcome of funding bid for Community Hub/ triage service to make referrals / signpost etc; and delivering “Advice First Aid” training to other organisations to support immediate advice information and identify / use new referrals system “Refernet”.					
Rushmoor Food Partnership	Community Store with food and essential items, plus access to support services as requested by clients and build resilience	Aldershot initially, then Cherrywood once the Store has been established.	HCC food grant and DEFRA funding to RBC	Jan 2021	RBC / RVS, Aldershot Town FC, Karuna Coffee, Park Church and other local support groups
HS (RBC) – Volunteering undertaken at the Store to get it ready – painting, cleaning, some light DIY and gardening.					

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<p>The Grub Hub granted CIC status. Will launch on 7th December</p> <p>CA – Citizens Advice is keen to work in partnership to address the underlying issues of debt and poverty in this workstream</p>					
Nepali Community Champions	Recruit, train and support Nepali Community Champions to identify those experiencing hardship, enable brief, appropriate interventions, and refer for full advice or other help where need is identified	Focus on Wellington	£20K for a 6-month project, adaptable depending on funding available	TBC	Citizens Advice (CA) /
<p>CA – We have had some additional funding from Hampshire (“Reaching People Together”), which will address some of these needs: we hope to be able to take forward the Community Champions project after the current year end, capacity allowing. Additional resource being put in to meet Nepali speaking advice needs from October.</p>					
My Space	Providing face to face and telephone support to our most challenging unemployed residents, including benefits and 121 budgeting support	Borough wide	£12K from Supporting Communities pot for an additional year	March 2022	The Vine
<p>LH (Vine) – runs every Monday from 10am to 3pm.</p> <p>NP (RBC) – Have been operating remotely but carrying out socially distanced face to face when needed</p>					
PEBL Skills Café	Providing employment and budgeting supporting to residents	Cherrywood	Funded	On going	PEBL
<p>CA – Citizens Advice has changed its former outreach money clinic at PEBL to receiving referrals from project staff. Would be keen to revive outreach when circumstances allow. Sept: No update on availability of premise to resume this.</p> <p>NP (RBC) – About to reopen their doors but have been delivering successfully remotely</p> <p>LH (Vine) – Vine Centre also runs the Skills Cafe on the Prospect Estate in Farnborough. The new opening times are 10am to 12.30pm.</p>					
RBC Virtual Job Club	Delivering a virtual job club providing Rushmoor residents with an online education and	Borough wide	£15K from deprivation pot - TBC	December 2021	RBC

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	support programme designed to help them find employment and training opportunities				
NP (RBC) – 15 residents supported and 4 job starts. Currently numbers dropped considering pausing contract till Sept with the end of furlough					
General Employability Courses (19+)	Delivering short industry focused training linking job seekers directly with employers	Borough wide			The Vine / Hampshire, Community First and Brockenhurst College, community organisations and businesses
LH (Vine) – 'My Helping Hand' - help with numeracy and literacy as well as basic online IT courses. Runs from 9.30am to 1.30pm. NP (RBC) – Have seen courses run for retail, CSCS, confidence and resilience, hospitality, business start up etc. Have delivered 5 in partnership with Frimley Health					
Connected communities					
Keep Well and Stay Connected	Reducing social isolation through increased digital opportunities	Aldershot Park	£40K Awaiting CCG funding decision	Feb 2021 if funded	RVS / RBC
CA – Citizens Advice is keen to partner in these opportunities, to reach vulnerable individuals – especially using referral tool, and Nepali speaking services.					
CVS Digital Enablement	Supporting community groups to develop digital strategy and skills	Borough wide	£64K fund secured for CVS Network through HIWCF		RVS
CA – Citizens Advice is working on digital content for Sparko initiative. Sept: This is still in development - limited opportunities identified.					
	Work with partner organisations, including faith	Borough wide with	Community Cohesion		Youth Forum / Strength In Unity group

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Engagement with BAME communities and young people	groups targeting support work for BAME communities	Wellington focus			
	JB (RBC) – Cohesion Group has met for the final time and is replaced with a Diversity forum reaching out to all BAME groups in Rushmoor. Currently meeting with Police and community leaders, mapping exercise begun.				
	Networking event with BAME groupings to ascertain information about needs, capacity and barriers	Borough wide	N/A	March 2021	RBC supported by the Cohesion forum
AH (CA) – Online 'hate crime' event 12 th October.					
Reaching Out	Ensuring those most isolated or home-bound (particularly through age) are supported in their own homes.	Borough wide	Funded	Ongoing	Vine Centre / HCC Adult Services
LH (Vine) – 'Reaching Out Project' was a pilot and ended at the end of October.					
Non-Themed / General work					
Engagement	Effective engagement with BAME and young people	Borough wide		2021	RBC via the Youth Forum, Cohesion Forum and Strength In Unity group
Men's Shed	Sites for pursuing practical interests to develop connections, showcase skills and encourage pride	Aldershot town centre, Aldershot Park	Pump priming funds		RBC / HCC
Funding	Identifying future funding streams to support deprivation work	Borough wide			RBC Community & Partnerships Team
Delivery	Identifying future delivery models to support deprivation work	Borough wide			RBC / RVS